

Kedarkantha Trek 2025–2026 - DharmikVibes (Via Special Local Partner)

6 Days | 12,500 ft | Winter Wonderland of Uttarakhand

The Kedarkantha Trek is one of India's finest winter treks, offering snow-covered forests, frozen lakes, and a breathtaking summit with a **360° Himalayan view**. Known as the **Queen of Winter Treks**, it is perfect for beginners and experienced trekkers alike.

Fixed Departure Dates

December 2025

- 6th, 13th, 20th, 27th December

January 2026

- 3rd, 8th (Special Offer Batch), 15th, 22nd January

February 2026

- 5th, 12th, 19th February

March 2026

- 5th, 12th, 19th March

All batches include stargazing, base camp accommodation, certified trek leaders, and full hospitality by DharmikVibes.

Costs & Pricing

Trek Cost: ₹12,900 per person

GST: +5%

Add-ons (Optional):

Add-on	Cost
Insurance	₹240
Dehradun–Sankri–Dehradun Transport	₹2,200
Backpack Offloading	₹1,600
Single Occupancy Tent	₹1,600

All add-ons are payable before departure.

Inclusions

- Base camp **guest house stay** (attached washrooms)
- Twin-sharing **tented accommodation** during trek
- **Nutritious veg meals** (veg & eggs allowed)
- Experienced trek leaders & support staff
- Complimentary **stargazing session** (Dobsonian telescope)
- Cloakroom at base camp (free)
- All required permits & forest fees
- Microspikes, gaiters & safety gear
- First aid & mountain medical support

Exclusions

- Transport from Dehradun to Sankri (optional add-on)
- Meals during transit
- Personal trekking gear (jackets, shoes, etc.)

- Personal expenses (laundry, phone, snacks)
 - Hot water charges at guest house (minimal)
 - Anything not mentioned in Inclusions
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Base Camp Stay – Guest House Accommodation

Before the trek begins, comfort matters. DharmikVibes provides:

Guest House Features

- Triple/Quad sharing (single room available at extra cost)
- Attached washrooms with running water
- Hot water available (paid)
- Room heaters depending on availability
- Power backup + charging points
- Clean bedsheets, blankets & pillows
- Separate rooms for men & women
- Free **cloakroom** to store extra luggage

Base camps across regions include:

- **Sankri** (Kedarkantha, Har Ki Dun, Bali Pass)
 - **Lohajung**
 - **Natin**
 - **Pipalkoti**
 - **Sepi**
 - **Sari Village**
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Food on the Trek – DharmikVibes Mountain Kitchen

Food is one of the highlights of our treks. Our **mountain kitchen team travels with you to each campsite**, preparing fresh, homely meals even at 12,000+ ft.

★ Why Trekkers Love Our Food

- Fresh vegetables & ingredients
- Daily changing menu
- Multiple cuisines: North Indian, South Indian, Tibetan, Continental
- Special meals for **Jain trekkers** (no onion/garlic)
- Vegan/lactose-free meals on request
- Hygienic cooking & serving

- Hot soups, snacks & desserts daily
 - High-altitude **cakes** for birthdays/anniversaries
 - Kid-friendly nutrition on children's groups
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Daily Food Routine

Morning:

Tea, coffee, warm water →

Breakfast like poha, paratha, upma, porridge, oats, bread, eggs

Lunch:

Packed or hot lunch with

Rice, roti, sabzi, dal, pulao, pasta, sandwiches, khichdi

Evening Snacks:

Tea +

Soup, popcorn, pakora, noodles, momos, fries

Dinner:

Roti, rice, dal, sabzi +

Dessert (gulab jamun/kheer/halwa/custard)

Summit Day:

Hot tea + light snacks before climb

Medical & Safety Protocols

DharmikVibes provides (Extra Cost):

- High-altitude trained trek leaders
- First aid kit equipped with:
 - Oxygen cylinder
 - Pulse oximeter
 - BP monitor
 - AMS medication
- Daily health monitoring:
 - Oxygen saturation
 - Pulse
 - Blood pressure (when required)
- Emergency evacuation support

- Backup support staff & technical team

Who Should NOT Trek

- Severe asthma
- Chronic heart issues
- Recent major surgery
- Severe knee/hip injuries

(Consult your doctor if unsure.)

Fitness Requirements

Minimum Criteria:

- Jog 5 km in **35 minutes**
OR
 - Walk 10 km in **80 minutes**
 - Able to carry **10–12 kg** backpack OR use offloading
 - BMI between **18–29**
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Documents Required

You **MUST** carry:

- Original & photocopy of Government ID
 - Aadhaar / Voter ID / Passport / Driving License
 - Medical fitness certificate (signed by doctor)
 - Self-declaration form
 - Passport size photographs (2–4)
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Transport Details

Pickup Location: Prince Chowk, Dehradun

Pickup Time: 6:00 AM

Drop Time: 6:30–7:30 PM (weather dependent)

Drive Duration: 10 hours (Sankri)

Arrive **1 day early** and keep **1 buffer day** at the end.

Why Kedarkantha with DharmikVibes?

- Smooth & safe trek organisation
 - Experienced Himalayan trek leaders
 - Homely food, hygienic kitchens & variety
 - Comfortable guest house stay before and after trek
 - High-quality tents, sleeping bags (sub-zero rated)
 - Safety-first approach
 - Small group sizes for better experience
 - Stargazing with telescope
 - Local cultural touch
 - Best-in-class service & trek hospitality
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6-Day Detailed Itinerary

Day 1: Dehradun → Sankri (6,400 ft)

Distance: 220 km | Duration: 10 hrs

- Scenic mountain drive via Mussoorie
- Check-in at base camp guest house
- Meet trek leaders
- Gear check + briefing
- Dinner & rest

Stay: Guest House

Meals: Dinner

Day 2: Sankri → Juda-ka-Talab (9,100 ft)

Trek: 4–5 km | 5 hrs

- Gradual ascent through pine forests
- Explore the frozen Juda-ka-Talab lake
- Evening snacks, soup & dinner

Stay: Tents (Twin-sharing)

Meals: All meals

Day 3: Juda-ka-Talab → Kedarkantha Base Camp (10,100 ft)

Trek: 4 km | 2.5 hrs

- Beautiful open meadows
 - Stunning views of snow peaks
 - Early dinner + summit briefing
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Day 4: Summit Day – Base Camp → Kedarkantha Peak (12,500 ft) → Hargaon (8,900 ft)

Trek: 6–7 km | 7 hrs

- Early morning summit push
 - 360° views of:
 - Swargarohini
 - Black Peak
 - Bandarpunch
 - Har Ki Doon Valley
 - Descend to Hargaon for night stay
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Day 5: Hargaon → Sankri

Trek: 4 km | 3–4 hrs

- Leisure descent
 - Hot lunch at base
 - Explore Sankri village
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Day 6: Sankri → Dehradun (Departure)

Drive: 10 hrs

- Drop by evening
- Keep buffer day for weather

Meals: Breakfast

What to Pack (Essentials Checklist)

Clothing:

- 3–4 layers (thermals, fleece, padded jacket)
- Trek pants (2–3)
- Woollen cap, gloves, socks (4–5 pairs)

Gear:

- Trekking shoes
- Headlamp
- Sunglasses (UV protected)
- Water bottles (2L total)

Personal:

- Toiletries
- Sunscreen
- Lip balm
- Personal meds

Documents:

- ID + photocopies
- Medical fitness form
- Self-declaration

DharmikVibes Promise

We don't just organise treks -

We create **safe, soulful, memorable Himalayan experiences.**

From warm food at 12,000 ft to cosy accommodation, trained leaders, and complete support, we ensure that **your journey to the mountains is comfortable, joyful, and transformational.**

Note: This Yatra is carried out via our special local partner.

- Sankri - Base for Kedarkantha, Har Ki Dun, and Bali Pass treks





- **Lohajung - Base for Brahmatal, Ali Bedni Bugyal**



- **Natin - Base for Dayara Bugyal**





- Pipalkoti - Base for Kuari Pass





- **Sepi- Base for Sandakphu**



- Sari Village- Base for Chopta Chandrashila Tungnath

