

**Experience Kailash Man Sarovar Yatra with DharmikVibes**

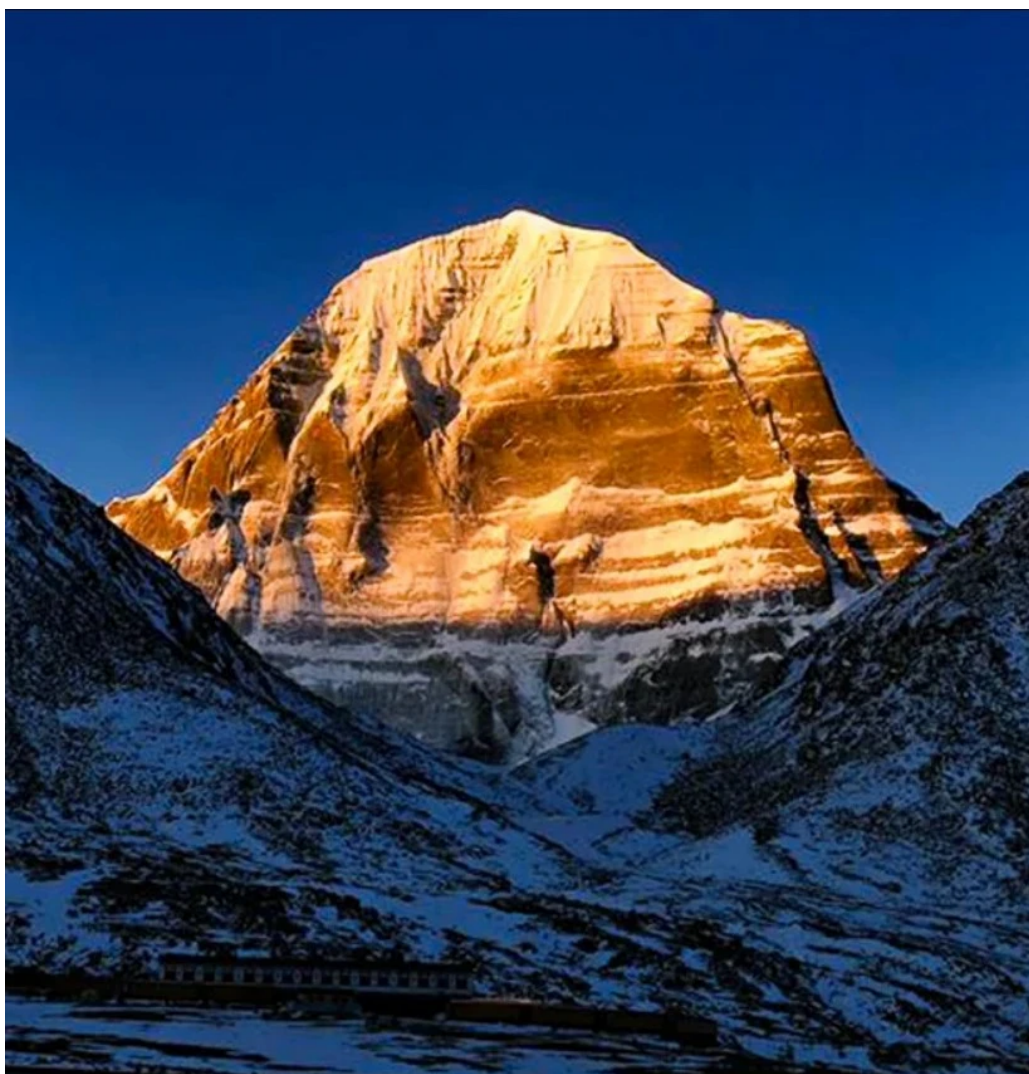
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## Kailash Man Sarovar Yatra 2026: The Eternal Call of Kailash

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With

**DharmikVibes**



**चलो चलें कैलाश — एक यात्रा भोले के नाम!**

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## The Eternal Call of Kailash

### Kailash Mansarovar Yatra 2026

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## A Journey Beyond Time, A Calling Beyond Life

Every soul, sooner or later, hears a whisper - a divine call that transcends all worldly noise: **"Come to Kailash. The abode of Shiva awaits you."**

The **Kailash Mansarovar Yatra** is not a mere expedition to a mountain or a lake. It is a **pilgrimage of the soul**, a sacred invitation into realms of **faith, surrender, and awakening**. High in the remote Himalayas of western Tibet, **Mount Kailash (21,778 ft)** rises in sublime stillness beside **Lake Mansarovar (15,060 ft)** - together forming one of the most revered spiritual sites on Earth.

For Hindus, it is **Lord Shiva's celestial residence**, where He meditates eternally with Goddess Parvati.

For Buddhists, it symbolizes **Mount Meru**, the cosmic axis of the universe.

For Jains, it marks the site where **Rishabhdev attained liberation**.

For followers of the Bon faith, it is the **spiritual heart of the world**.

Undertaking this yatra is believed to cleanse lifetimes of karma, dissolve illusions, and lead one toward **moksha - liberation itself**.

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## Why Embark on the Kailash Mansarovar Yatra

### 1. The Path to Liberation

One complete **Parikrama (circumambulation)** of Mount Kailash is said to wash away the sins of an entire lifetime.

To complete **108 Parikramas** is to transcend the cycle of birth and death itself - to become one with Shiva.



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## 2. The Holy Waters of Mansarovar

The serene, turquoise expanse of **Lake Mansarovar** is considered the most sacred of all waters.

At dawn, as the first rays of the sun touch the lake, pilgrims take a holy dip - believing it purifies not just the body, but also the soul.

The experience is said to dissolve karmic bondage and awaken divine clarity within.

## 3. The Sacred Darshan of Kailash

To behold Mount Kailash, even from a distance, is a moment of divine grace.

Many devotees describe it as a **spiritual climax** - time seems to stand still, tears flow effortlessly, and the heart feels immersed in boundless peace.

It is said that **one does not decide to see Kailash - Kailash decides who shall see Him.**

## 4. Sacred Puja and Havan at Mansarovar

Guided by **DharmikVibes'** experienced priests, pilgrims perform traditional rituals - **Havan, Rudra Abhishek, and Parikrama Puja** - by the shores of Mansarovar.

Amid the chanting of mantras and the crackle of sacred fire, one feels an intimate communion with the Divine - invoking blessings of health, peace, and prosperity.

## 5. The Transformation Within

The journey is physically demanding and spiritually elevating.

It humbles the ego, tests endurance, and ultimately leads to a realization - **that faith alone can conquer every obstacle.**

Pilgrims return changed - more peaceful, compassionate, and inwardly awakened.

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### Routes to the Holy Kailash

In **2026**, DharmikVibes will conduct multiple **fixed departures** through carefully curated routes, offering diverse experiences for all devotees.

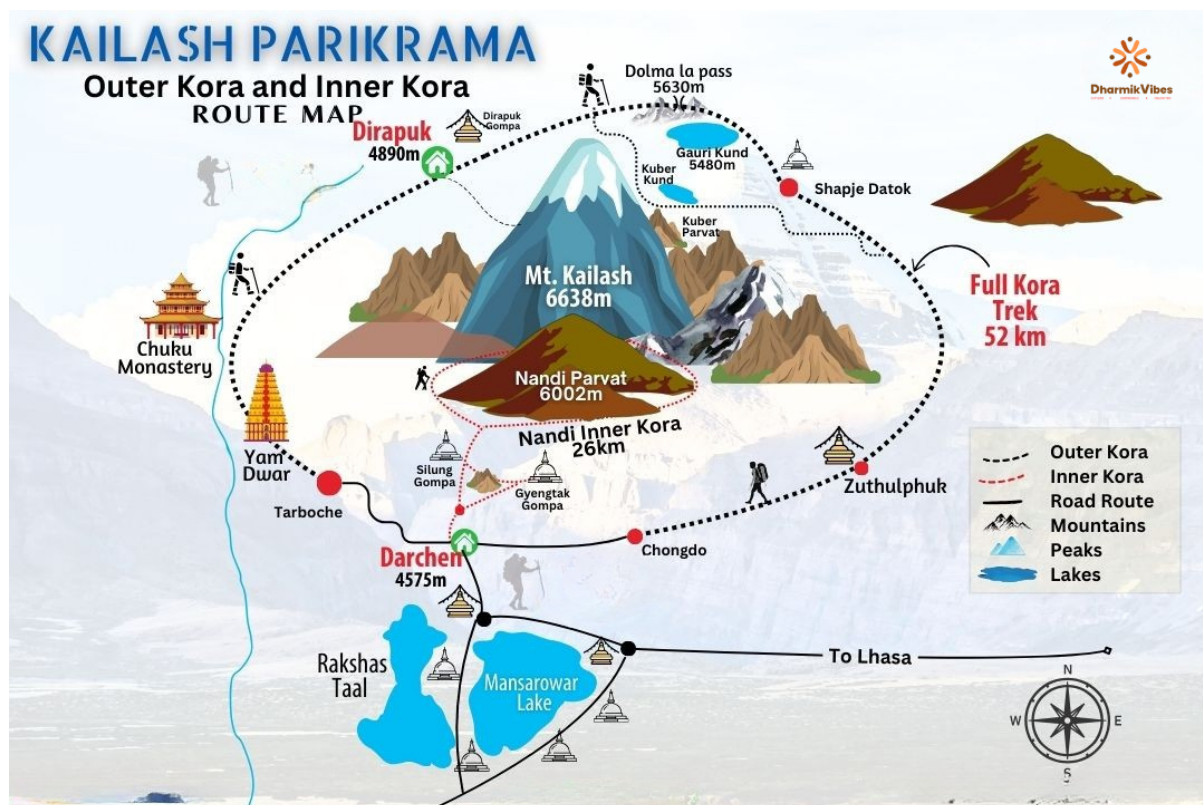


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# Experience Kailash Man Sarovar Yatra with DharmikVibes



## 1. Overland Route via Kathmandu (14 Days)

The traditional route through **Nepal and Tibet**, offering breathtaking Himalayan views and cultural immersion.

Ideal for devotees seeking a deep, gradual spiritual journey by road.

## 2. Helicopter Route via Lucknow / Kathmandu (9–11 Days)

A shorter, more comfortable route ideal for **senior citizens** and **working professionals**. Includes flights and helicopter segments between **Nepalgunj–Simikot–Hilsa–Tibet**, combining accessibility with spiritual depth.

## 3. Aerial Darshan Tour from Lucknow (3 Days)

For those unable to trek or tolerate high altitude, this exclusive option offers a **heavenly aerial darshan** of Mount Kailash and Lake Mansarovar at an altitude of 27,000 ft. No passport or visa is required for Indian citizens.



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## 4. Lhasa–Everest Base Camp–Kailash (15 Days)

A divine and scenic expedition covering **Tibet's spiritual landmarks** - including Lhasa, Potala Palace, Yamdrok Lake, Everest Base Camp, and Mount Kailash.  
Best suited for **NRI's, international travelers, and seasoned adventurers**.

## 5. Inner Kora (Advanced Trek, 12–20 Days)

A profoundly sacred and challenging route meant for **experienced pilgrims**.  
Covers both **Outer and Inner Parikrama**, including **Charansparsh (touching Kailash's base)** and visits to **Nandi Hills, Shivasthal, and Kuber Kund**.  
Undertaken only by those specially called by Shiva.

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### Travel from Your Home to the Starting Point

Depending on the route, your journey begins from **Kathmandu, Lucknow, Delhi, or Lhasa**.  
While travel from your home city to these start points is not included in the package,  
**DharmikVibes provides full logistical support**, including:

- Assistance with domestic and international flights
- Train and private vehicle arrangements
- Hotel stays before and after Yatra
- Local sightseeing in **Delhi, Varanasi, or Ayodhya**

From your doorstep to Kailash and back - **every step is seamlessly managed**.

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### A Spiritual Experience Like No Other

The **Kailash Mansarovar Yatra** is not a holiday; it is a sacred surrender.  
Each sunrise, each breath in the thin Himalayan air feels like a prayer.  
The mountains echo mantras, the winds whisper “Om Namah Shivaya,” and the silence itself becomes meditation.

Pilgrims often speak of:

- Feeling **unseen energies** during meditation at Mansarovar.
  - Experiencing **tears of surrender** at their first glimpse of Kailash.
  - A profound sense of **oneness with the universe**.
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This is not merely a journey to a place - it is a journey **into the heart of existence itself.**

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## Why Choose DharmikVibes

- **Complete Door-to-Dham Management** - From your home to Kailash and back, every detail is handled.
  - **Experienced Team** - Veteran yatris, Tibetan guides, and medical professionals ensure your safety and comfort.
  - **Flexible Routes & Custom Packages** - Road, helicopter, or aerial - choose your own pace and comfort.
  - **Safety and Support** - Oxygen cylinders, satellite communication, and medical assistance at all checkpoints.
  - **Authentic Spiritual Focus** - Daily satsang, bhajans, guided meditation, and Vedic rituals.
  - **Complimentary Yatra Kit** - Includes Rudraksha mala, "I Am Kailashi" T-shirt, Prasad, Puja set, and Kailash memento.
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## Your Journey to the Abode of Shiva Begins Here

In **2026**, let **DharmikVibes** guide you through the sacred Himalayas - where faith transcends mountains, and every heartbeat echoes the eternal truth:

**"When Shiva calls, no force can stop you.  
The path may be difficult, but the destination is divine."**



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# Kailash Mansarovar Divine Yatra – Various Options

## Kailash Mansarovar Divine Yatra by Helicopter – 2026

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*(11 Days / 10 Nights – Kathmandu to Kathmandu)*  
Organized by **DharmikVibes – From Home to Himalaya**

“The sacred road to the abode of Lord Shiva – an experience of faith, surrender, and transformation.”

**Organized by DharmikVibes – Your Trusted Partner for Kailash Mansarovar Divine Yatra 2026**

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Among the most sacred pilgrimages on Earth, the **Kailash Mansarovar Divine Yatra** stands as the pathway to Lord Shiva’s eternal abode. The **Helicopter Divine Yatra** brings this celestial experience within reach for Yatris who seek spiritual awakening but have limited time or prefer added comfort.

This 11-day journey blends **flight, helicopter, and road travel**, providing breathtaking views of the Himalayas, serene darshan of **Mount Kailash**, and the soul-purifying waters of **Lake Mansarovar**.

Guided by **DharmikVibes’ devotional team**, every Yatri receives spiritual guidance, logistical support, and seamless arrangements—making the path to divinity smooth, safe, and deeply transformative.

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### Divine Yatra Summary

- **Trip Duration** – 11 Days / 10 Nights
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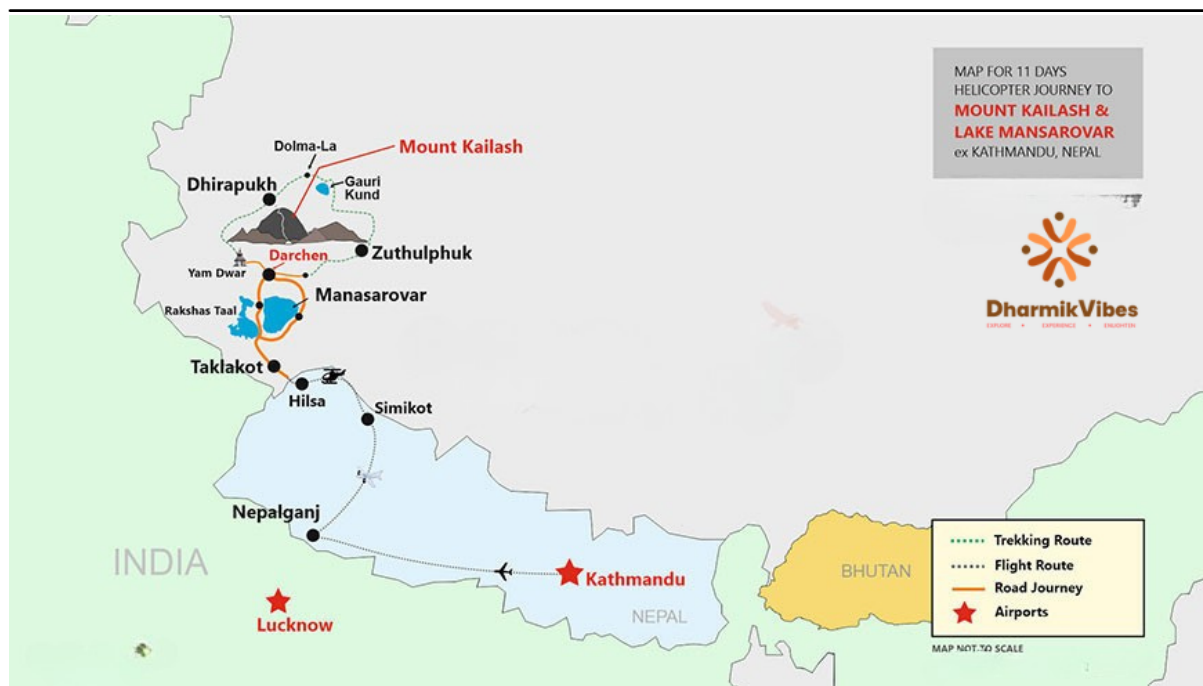
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# Experience Kailash Man Sarovar Yatra with DharmikVibes

- **Start Point** – Kathmandu (Nepal)
- **Finish Point** – Kathmandu (Nepal)
- **Trip Type** – Flights + Helicopter + Road Group Divine Yatra
- **Maximum Altitude** – 5,630 m (Dolma La Pass)
- **Spiritual Focus** – Purnima Puja, Havan, Rudrabhishek, Kailash Parikrama, Meditation at Mansarovar
- **Physical Requirement** – Moderate fitness and strong faith



Route Map: Kailash Mansarovar Divine Overland Yatra by Helicopter from Kathmandu

## Why Choose the DharmikVibes Divine Helicopter Yatra

- Time-efficient and comfortable for working professionals and elderly devotees
- Chartered helicopter and flight connections reduce long road journeys
- Devotional support from DharmikVibes priests for daily Bhajan and Puja
- Personalized assistance from home city to Himalayas (“From Home to Himalaya”)
- Professional medical support and high-altitude safety guidance
- Scenic aerial views of the Himalayas and Kailash region



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# Experience Kailash Man Sarovar Yatra with DharmikVibes

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## Route Map

**Kathmandu → Nepalgunj → Simikot → Hilsa → Taklakot → Lake Mansarovar → Mount Kailash → Kathmandu**

## Detailed Day-wise Divine Itinerary

### Day 01 – Arrive Kathmandu (1,400 m)

Arrive at Tribhuvan International Airport to begin your divine journey. DharmikVibes team will receive you with warm hospitality and transfer you to your hotel. Evening orientation and group Bhajan session.

- Meals – Vegetarian Dinner
- Accommodation – 5-star hotel sharing basis
- Distance – 5 to 10 km

#### Nepal Visa Guidance

Indian Yatris do not require a visa for Nepal but must carry a valid Passport or Voter ID. Aadhaar and Driving Licence are not accepted for flights. Non-Indian passport holders can obtain a visa on arrival or apply online.

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### Day 02 – Kathmandu Sightseeing and Fly to Nepalgunj (150 m)

Visit **Pashupatinath Temple, Jal Narayan (Shesh Narayan), and Guheshwari Mata Temple.**

Evening flight to Nepalgunj (1 hour). Group briefing and devotional orientation session.

- Meals – Breakfast, Lunch, Dinner
  - Accommodation – 4-star hotel sharing basis
- 



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## Day 03 – Fly Nepalgunj to Simikot (2,910 m)

Early-morning flight to Simikot (weather-dependent). Rest and acclimatize to the mountain environment.

Short walk and group meditation in the evening.

- Meals – Breakfast, Lunch, Dinner
  - Accommodation – Guesthouse sharing basis
- 

## Day 04 – Helicopter Simikot to Hilsa, Drive to Taklakot (4,025 m)

Board the chartered helicopter to Hilsa. After crossing the Nepal-China border on foot and completing immigration formalities, drive to Taklakot. Rest and hydrate to adjust to the altitude.

- Meals – Breakfast, Lunch, Dinner
- Accommodation – 4-star equivalent hotel in Taklakot

**Note** – Hilsa is remote with limited facilities. Delays may occur due to weather or border formalities. DharmikVibes crew provides constant support and hot meals.

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## Day 05 – Rest and Acclimatization at Taklakot

Spend the day in rest and devotion. Optional visit to Taklakot market for basic supplies. Light Bhajan and guided breathing session to help adapt to altitude.

- Meals – Breakfast, Lunch, Dinner
  - Accommodation – Hotel in Taklakot
- 



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## Day 06 – Drive to Lake Mansarovar (4,590 m)

A divine day as the group proceeds to Lake Mansarovar. Drive via **Rakshas Tal**, also known as Ravana Tal. Witness the first darshan of Mount Kailash and perform Rituals, Puja, and Meditation at the sacred lake under DharmikVibes guidance.

- Meals – Breakfast, Lunch, Dinner
- Accommodation – Guesthouse near Mansarovar Lake

**About Mansarovar Lake** – The lake's crystal waters are believed to purify the soul. Yatis may perform holy snan using brought-up water by Sherpas as direct entry into the lake is restricted.

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## Day 07 – 1st Day of Kailash Parikrama – Darchen to Dirapuk (5,210 m)

Drive to **Darchen**, the base camp of Mount Kailash, and visit **Yama Dwar**, the gateway to the sacred kora. Begin a 13 km trek toward **Dirapuk**, facing the North Face of Mount Kailash.

- Meals – Breakfast, Lunch, Dinner
- Accommodation – Guesthouse near Dirapuk

Optional – Yatis unwilling to trek can remain at Darchen for rest and spiritual practice.

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## Day 08 – 2nd Day of Parikrama – Dirapuk to Zutulpukh via Dolma La (5,630 m)

Trek through **Dolma La Pass**, the highest point of the Yatra, and witness the mystical **Gauri Kund**, the lake of Goddess Parvati. The trek is physically challenging but spiritually transforming.

- Meals – Breakfast, Lunch, Dinner
  - Accommodation – Guesthouse in Zutulpukh
- 



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## Day 09 – End of Parikrama – Zutulpukh to Darchen, Drive to Taklakot

Short trek to Chongdo to complete the Kailash kora. Drive to Taklakot for rest and group thanksgiving ceremony.

- Meals – Breakfast, Lunch, Dinner
  - Accommodation – Hotel in Taklakot
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## Day 10 – Return Journey – Taklakot to Hilsa by road, Helicopter to Simikot, Flights to Nepalgunj and Kathmandu

Drive to the border, cross to Hilsa, fly by helicopter to Simikot, and then via Nepalgunj to Kathmandu. Weather conditions can affect timing, but DharmikVibes ensures smooth coordination and comfortable arrangements.

- Meals – Breakfast, Lunch, Dinner
  - Accommodation – Hotel in Kathmandu
- 

## Day 11 – Departure from Kathmandu

After breakfast, transfer to the airport for your flight home. The Yatra concludes with a heart full of peace and divine memories.

- Meals – Breakfast
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### Divine Yatra Cost for 2026

Nationality	Cost Per Yatri	Inclusions
Indian Passport Holders	₹ 3,83,500 + 5% GST	China Visa – Included Tibet Permit – Included Nepal Visa – Not Required

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<b>Non-Indian Passport Holders</b>	<b>USD 5,420</b>	China Visa – Included Tibet Permit – Included Nepal Visa – Not Included
<b>US &amp; Canadian Passport Holders</b>	<b>USD 5,670</b>	China Visa – Included Tibet Permit – Included Nepal Visa – Not Included

**Insurance** – Not Included (but strongly recommended).

## Additional & Optional Services – Divine Yatra 2026

### Single Room Supplement

- ₹74,000 (Applicable only for hotel nights in Kathmandu and Darchen)

**Note:**

All updated government permit and Tibet administration fees for 2026 are already included in your Divine Yatra cost.

<b>Service / Optional Add-On</b>	<b>Updated Cost (2026)</b>	<b>Details</b>
<b>Porter / Pony Hire for Kailash Parikrama</b>	₹24,000 – ₹32,000 per Yatri (payable in cash on site)	Rates controlled by the local Tibetan union. Charges vary by distance, load, and duration.
<b>Charan Sparsh Trek (optional)</b>	₹7,600 per Yatri	A short high-altitude trek from Dirapuk to touch the holy feet of Mount Kailash (weather permitting).
<b>Ashtapad Visit (optional)</b>	₹9,500 per Yatri	Subject to approval by Tibetan authorities. Access may vary based on local permissions.
<b>Emergency Evacuation Insurance (strongly recommended)</b>	₹9,000 – ₹15,000	Covers high-altitude medical emergencies and helicopter evacuation. Must be purchased prior to departure.
<b>Visa/Permit Expediting (if required)</b>	₹8,500	For urgent processing or reissue due to document corrections or late applications.



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<b>Private Airport Transfers &amp; Hotel Upgrades (Kathmandu)</b>	₹7,500 onwards	Personalized pickup/drop from Kathmandu airport and upgrade to deluxe rooms.
<b>Pre- or Post-Yatra Hotel Stay in Kathmandu</b>	₹8,500 per night (single) / ₹5,500 per Yatri (twin sharing)	Includes breakfast, airport transfers, and prayer room access.

## Important Pricing Notes

- Travel from Home City to Kathmandu (Extra):**
  - Costs of flights, trains, private car, or hotel stay from your home city to Kathmandu and back are **not included**.
  - DharmikVibes** can arrange and book these connections hassle-free at actual cost.
- Taxes:**
  - 5% GST and applicable **TCS (Tax Collected at Source)** as per Indian Government norms are charged on all bookings made through DharmikVibes India.
- Currency & Payments:**
  - All Indian Yatris must pay in **INR** before visa processing.
  - Non-Indian passport holders must make payments in **USD** via bank transfer or authorized foreign exchange channel.
- Insurance (Mandatory):**
  - All Yatris must carry **high-altitude travel and evacuation insurance** valid in Nepal and Tibet regions.
  - DharmikVibes can guide you on recommended insurers.
- Permit Policy:**
  - Tibet visa and group travel permit timelines vary based on **Chinese Embassy** and local authority requirements.
  - DharmikVibes coordinates all documentation and group processing on your behalf.

## Tentative Dates for Kailash Mansarovar Divine Helicopter Yatra 2026 via Kathmandu

Each **Kailash Mansarovar Divine Yatra** by **DharmikVibes** begins and concludes in **Kathmandu, Nepal**, following the sacred route through **Nepalganj etc..**



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# Experience Kailash Man Sarovar Yatra with DharmikVibes

These fixed departures are designed for Yatris seeking divine connection, inner purification, and the grace of Lord Shiva amidst the Himalayas.

## Tentative Dates for Kailash Mansarovar Divine Helicopter Yatra 2026

Month 2026	Start Date	Finish Date	Remarks / Special Occasions
April 2026	27 Apr (Mon)	07 May (Thu)	Purnima Puja & Havan near Mansarovar Lake
May 2026	08 May (Fri)	18 May (Mon)	Regular Divine Yatra
	16 May (Sat)	26 May (Tue)	Regular Divine Yatra
	22 May (Fri)	01 Jun (Mon)	Regular Divine Yatra
	27 May (Wed)	06 Jun (Sat)	Purnima Puja & Havan near Mansarovar Lake
June 2026	03 Jun (Wed)	13 Jun (Sat)	Regular Divine Yatra
	12 Jun (Fri)	22 Jun (Mon)	Regular Divine Yatra
	20 Jun (Sat)	30 Jun (Tue)	Regular Divine Yatra
July 2026	25 Jul (Sat)	04 Aug (Tue)	Purnima Puja & Havan near Mansarovar Lake
August 2026	07 Aug (Fri)	17 Aug (Mon)	Regular Divine Yatra
	23 Aug (Sun)	02 Sep (Fri)	Purnima Puja & Havan near Mansarovar Lake
September 2026	05 Sep (Sat)	15 Sep (Tue)	Regular Divine Yatra
	23 Sep (Wed)	03 Oct (Sat)	Purnima Puja & Havan near Mansarovar Lake
October 2026	08 Oct (Thu)	18 Oct (Sun)	Sharad Purnima Snan & Puja near Mansarovar Lake

## Additional Notes

- If your preferred dates are not listed, **DharmikVibes** can organize a **Private** or **Family Kailash Mansarovar Divine Yatra** on custom dates.
- All Yatra departures depend on **Tibet border openings, Chinese visa approvals, and weather conditions.**



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- Throughout the journey, Yatris are guided by **experienced DharmikVibes Sherpas, coordinators, and spiritual mentors.**
  - Travel from **home city to Kathmandu and back** (by air, train, or car) is **not included** in the Yatra cost but can be seamlessly arranged by **DharmikVibes** under the “**From Home to Himalaya**” service.
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## Divine Yatra Cost Inclusions

### Nepal Portion of the Divine Yatra

- Airport-to-hotel return transfers in Kathmandu
  - 2-night stay in 4-star equivalent hotel in Kathmandu (sharing basis)
  - 2 breakfasts, 2 lunches, and 2 dinners (pure vegetarian meals)
  - Temple visits: **Pashupatinath, Guheshwari Mata, and Jal Narayan (Budhanilkantha)**
  - **Kathmandu–Nepalgunj–Kathmandu** flights (economy class)
  - 1-night stay at a 4-star hotel in Nepalgunj with meals
  - **Nepalgunj–Simikot–Nepalgunj** scheduled flights
  - 1-night stay at Simikot or Hilsa with local vegetarian meals (group sharing)
  - **Simikot–Hilsa–Simikot** helicopter flights
  - All necessary restricted-area permits and border taxes
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### Tibet Portion of the Divine Yatra

- Transfers from the Tibet border to **Taklakot** and back
  - 2+1 nights stay in Taklakot with all vegetarian meals
  - 1-night stay near **Lake Mansarovar** (guesthouse, group sharing)
  - 1-night stay each at **Dirapuk** and **Zuthulpukh** during Kailash Parikrama
  - Transportation in Tibet by deluxe non-A/C bus
  - **English-speaking Tibetan guide and DharmikVibes Sherpa support**
  - Oxygen cylinders and first aid kit for emergency use
  - Nepalese cook and kitchen team to provide hot vegetarian meals
  - Kitchen truck for equipment and luggage
  - **Tibet group visa and restricted travel permits**
  - Yak/porter support for group luggage during Parikrama
  - 1 complimentary bottle of mineral water daily on the Tibet side
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## Other Inclusions

- **DharmikVibes tour leader and spiritual guide** throughout
  - Complimentary **duffle bag, backpack, and rain poncho/cap**
  - **Down jacket** (returnable, subject to availability)
  - **Kailash Mansarovar Divine Yatra Completion Certificate**
  - **Puja Kit with Havan Samagri**
  - **All meals pure vegetarian**, prepared without onion or garlic
  - **Daily Bhajan, meditation, and spiritual guidance** by DharmikVibes team
  - **All Nepal and Tibet government taxes**
- 

## Package Cost Exclusions

### Not Included in the Yatra Cost

- Travel expenses from **home city to Kathmandu and back** (DharmikVibes can assist with flights, trains, or car bookings)
  - **Travel and medical insurance**, including high-altitude and emergency evacuation coverage (mandatory)
  - **Mule (pony) or porter charges** during Mount Kailash Parikrama
  - **GST and TCS** as per current Indian government regulations
- 

### Other Possible Expenses (In Special Situations)

- Additional hotel stay or meals if Yatra is delayed due to weather, permit, or flight issues
  - Transport or activities for **optional sightseeing** not mentioned in the itinerary
  - **Emergency evacuation or hospitalization costs** (to be covered by Yatri's insurance)
  - Extra costs for **visa changes, urgent visa processing, or altered itineraries**
  - Any additional expenses due to **flight cancellations, natural calamities, strikes, or border closures**
  - **Personal expenses** such as laundry, tips, donations, or shopping
  - Any service not specifically listed under "**Inclusions**"
- 



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## Important Advisory

- All Yatris are advised to maintain moderate fitness levels and consult their physician before traveling to high altitudes.
  - **DharmikVibes** provides full visa and permit support, but final approvals rest with Tibetan and Chinese authorities.
  - The journey involves high-altitude conditions (up to 5,630 m); gradual acclimatization days are included in the plan.
  - Yatris are requested to follow group instructions strictly for their own safety and spiritual benefit.
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## DharmikVibes Assistance

Your Divine Yatra begins the moment you decide to answer Lord Shiva's call. From preparing your travel documents to booking your flights, ensuring your meals, and guiding you through every sacred step, **DharmikVibes** takes care of everything.

**From Home to Himalaya – Hassle-Free, Devotional, and Memorable.**

Surrender your journey, and let the mantra “Om Namah Shivaya” lead the way.



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## Payment Terms

- **Booking Confirmation:** A total of 50% of the total amount is required to confirm the booking.
- **Balance Payment:** The remaining 50% must be paid at least 30 days prior to the start date of the tour package.
- **Payment Methods:** Payments can be made via bank transfer, UPI, or major credit/debit cards.
- **Payment Link:** - <https://payments.cashfree.com/forms/dharmikvibes>
- **Late Payment:** Delays in balance payment may result in cancellation of the booking without a refund of the deposit.
- If international credit card or via PayPal then extra Gateway transaction charges applies.



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## Know Before You Go

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### General Guidance

- The **Kailash Mansarovar Yatra** is a sacred pilgrimage through high-altitude terrain in Tibet and Nepal. While spiritually uplifting, it demands physical preparedness, patience, and faith.
  - **Medical fitness** is essential. Please undergo a health check-up before travel; individuals with heart, lung, or severe blood pressure issues should consult their doctor before booking.
  - Acclimatization days are built into every itinerary - avoid overexertion during these stages and stay hydrated.
  - Respect local customs, monasteries, and sacred sites. Kailash and Mansarovar are not sightseeing destinations but **spiritual realms** revered by multiple faiths.
  - Keep your passport, permits, and ID handy at all times. Tibet checkpoints require frequent document verification.
  - Photography is allowed in most areas but prohibited at certain monasteries and army posts. Always follow your guide's instructions.
  - Mobile networks are limited in the Tibet region - inform your DharmikVibes coordinator before moving away from your group.
  - Always follow your **group leader's** and **Tibetan guide's** safety instructions. Weather, terrain, or political factors may lead to sudden route or schedule adjustments.
- 

### Weather & Temperature

- **Season:** May to September (Yatra operating period)
  - **Altitude Range:** 9,000 ft (Kathmandu) to 18,500 ft (Dolma-La Pass)
  - **Typical Temperature Range:**
    - **Daytime:** 10°C – 18°C (sunny but strong UV exposure)
    - **Night/Early Morning:** -5°C – 5°C (can drop below freezing at high camps)
  - **Climate Conditions:** Dry mountain air, cold winds, and occasional snowfall even in summer.
  - **Clothing Advice:**
    - Dress in **layers** for flexibility between warm days and icy nights.
    - Carry **woollen jackets, thermal innerwear, gloves, mufflers, and caps.**
    - **Down jackets** are strongly recommended for the Parikrama.
    - Evenings around **Lake Mansarovar** can be extremely windy and cold.
- 



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## What to Carry

### Essential Items

- **Warm jacket or down coat** – nights near Mansarovar and Dolma-La are freezing.
- **Thermal innerwear** – for warmth during early morning rituals and treks.
- **Comfortable trekking shoes** – ensure good grip and ankle support.
- **Modest layered clothing** – shoulders and legs covered during rituals.
- **Personal water bottle or hydration pack** – refill from purified sources.
- **Compact backpack** – large luggage will be carried separately by vehicle or porter.
- **Woollen cap, gloves, muffler, and sunglasses** – essential for cold winds and UV protection.
- **Rainproof poncho or jacket** – sudden showers or snow possible at high altitudes.
- **Personal medicines** – including altitude sickness tablets, basic first aid, and prescribed medication.

### Recommended Additions

- **Personal tent or camping gear** – for those seeking a deeper meditative experience under the Kailash sky.
  - DharmikVibes provides group camping facilities, but pilgrims are welcome to bring compact personal tents for **private meditation or solitude**.
- **Power bank or solar charger** – limited electricity in remote camps.
- **Reusable cloth bag** – for Prasad or small items; plastic is banned.
- **Earplugs or scarf** – for strong winds during the night.
- **Hand sanitizer, tissues, and wet wipes** – limited washing facilities.
- **Cash (in small denominations)** – local vendors rarely accept digital payments.

### What Not to Carry

- **Heavy luggage** – porters and yaks carry limited loads.
  - **Non-vegetarian food, alcohol, tobacco, or smoking items** – strictly prohibited.
  - **Plastic bottles or disposable items** – the region is ecologically sacred.
  - **Loud music or gadgets** – maintain spiritual silence.
  - **Valuables or jewellery** – unnecessary in pilgrimage zones.
- 



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## Spiritual Etiquette

- Remove footwear before entering temples, monasteries, or performing rituals.
  - Avoid touching or disturbing sacred stones, cairns, or prayer flags.
  - Do not step into **Lake Mansarovar**; take water respectfully from its edge.
  - Speak softly or remain silent during **pujas, meditation, and Parikrama**.
  - Treat Mount Kailash as **divine presence**, not a mountain to conquer.
  - Respect local lamas, monks, and fellow pilgrims of all faiths.
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## Important Note for Pilgrims

### Please Note:

- During major auspicious periods (especially full moons, Guru Purnima, or Shravan month), the region experiences **heavy pilgrim movement and strict border protocols**.
- Expect enhanced security, documentation checks, and temporary travel restrictions by **Chinese and Nepalese authorities**.

### What We Offer:

- DharmikVibes ensures **VIP darshan assistance, group coordination, and ritual guidance** at all major spiritual points including Mansarovar and Yam Dwar.
- Our on-ground team provides **real-time communication**, safety monitoring, and local support in case of weather or administrative delays.

However, due to:

- Government or monastery directives
- Sudden weather disruptions or landslides
- Crowd surges during auspicious dates

...some **darshan timings, Parikrama schedules, or access points** may change for safety.

We request your **faith, patience, and surrender** during such moments.

Every step on this journey is guided by Lord Shiva's will. DharmikVibes will ensure your **comfort, safety, and spiritual fulfillment** throughout the pilgrimage.



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**All Carefully Curated by Our Dedicated DharmikVibes Team**

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